
Hebrews - Week XI: Healthy Obedience - Hebrews 5:8-9

Jesus modelled healthy obedience

- Healthy obedience is rooted in trust

Jesus was singularly focused to do the will of His Father

- **John 5:30** *I can of Myself do nothing. As I hear, I judge; and My judgment is righteous, because I do not seek My own will but the will of the Father who sent Me.*
- **John 6:30** *For I have come down from heaven, not to do My own will, but the will of Him who sent Me.*
- Healthy obedience comes through a healthy relationship

Obedience = Listening + Acting James 1:22-25

- *For the believer, seeing the man “in the mirror” is seeing how God sees us from the beginning, even before the fall of Adam which resulted in sin’s devastation to human hearts. The man in the mirror is the new creation man. TPT Commentary*

Romans 8:14-18 *For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.” The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together. For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.*

Listen to the Father

Proverbs 1:33 *But whoever **listens** to me will dwell safely, And will be secure, without fear of evil."*

Proverbs 7:24 *Now therefore, **listen** to me, my children; Pay attention to the words of my mouth:*

Proverbs 8:6 ***Listen**, for I will speak of excellent things, And from the opening of my lips will come right things;*

Proverbs 8:32 *"Now therefore, **listen** to me, my children, For blessed are those who keep my ways.*

Proverbs 8:34 *Blessed is the man who **listens** to me, watching daily at my gates, waiting at the posts of my doors.*

Proverbs 13:1 *A wise son heeds his father's instruction, But a scoffer does not **listen** to rebuke.*

Proverbs 17:4 *An evildoer gives heed to false lips; A liar **listens** eagerly to a spiteful tongue.*

Proverbs 19:20 ***Listen** to counsel and receive instruction, That you may be wise in your latter days.*

Proverbs 19:27 *Cease **listening** to instruction, my son, And you will stray from the words of knowledge.*

Proverbs 23:1 *[**Listen** to Your Father] When you sit down to eat with a ruler, Consider carefully what is before you;*

Proverbs 23:22 ***Listen** to your father who begot you, And do not despise your mother when she is old.*