
Hebrews - Week V - Partakers of Rest (Take II)

- **Discussion: *What does it mean for us to harden our hearts?***
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"Rest' (katapausis), as used here, points to a place of blessing where there is no more striving but only relaxation in the presence of God and in the certainty that there is no cause for fear." Thomas Constable Commentary

Deuteronomy 12:9 for as yet you have not come to the **rest** and the inheritance which the Lord your God is giving you.

Psalms 23:2 He makes me to lie down in green pastures; He leads me beside the **still** waters.

Isaiah 11:10 "And in that day there shall be a Root of Jesse, who shall stand as a banner to the people; For the Gentiles shall seek Him, and His **resting place** shall be glorious."

Isaiah 32:18 My people will dwell in a peaceful habitation, in secure dwellings, and in quiet **resting places**,

- *Rest in the Exodus Narrative = Entering into the inheritance of the Promised Land and all the protection, provision and blessings of God*
 - *Rest in our Living God = Entering into the inheritance of salvation in Jesus and all the protection, provision and blessings of God*
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- **Discussion: *What other thoughts / words come to mind when you think of this promised rest we have access to?***
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Exodus story: Slavery / Salvation / Wilderness / Promised Land

Believers: Slavery / Salvation / Life with Jesus and indwelling Holy Spirit / Heaven

- Hebrews 4:1 ***Let us..Fear***

"We must be extremely careful to be sure that we all embrace the fullness of that promised rest and not fail to experience it." Hebrews 4:1 TPT

- Hebrews 4:11 ***Let us...Be Diligent***

"So then we must give our all and be eager to experience this faith-rest life, so that no one falls short by following the same pattern of doubt and unbelief." Hebrews 4:11 TPT

Homework: Rest 😊