"One system of particular interest to researchers in the last ten years is that of mirror neurons, which lead to mimicry. <u>Virtually all intentional human behavior is ultimately mimicked</u>. When we learn how to hold a fork or express a look of surprise, mimicry is involved. The mirror neurons fire when we witness another human undertake a behavior that has distinct intention. This system prepares the identical motor neurons in our brains to fire." Curt Thompson, Anatomy of the Soul

What Would Jesus Do?

 Then Jesus answered and said to them, "Most assuredly, I say to you, the Son can do nothing of Himself, but what He sees the Father do; for whatever He does, the Son also does in like manner. John 5:19

What did Jesus Do?

- I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. Galatians 2:20
- Who, in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and was heard because of His godly fear Hebrews 5:7

Jesus Modelled Prayer & Modelled Emotion

- He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will." Matthew 26:39
- "Now My soul is troubled, and what shall I say? 'Father, save Me from this hour'? But for this purpose I came to this hour. John 12:27
- And about the ninth hour Jesus cried out with a loud voice, saying, "My God, My God, why have You forsaken Me?" Matthew 27:46

He offered Himself up directly to His Father He didn't hold back He KNEW the One who was able to save Him from death He knew that God was the solution He knew He was heard

What Did Jesus Model?

What is Jesus Doing Now?