• Do not be carried about by various and strange doctrines

Ephesians 4:14 that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting,

Jude 12-13 These are spots in your love feasts, while they feast with you without fear, serving only themselves. They are clouds without water, carried about by the winds; late autumn trees without fruit, twice dead, pulled up by the roots; raging waves of the sea, foaming up their own shame; wandering stars for whom is reserved the blackness of darkness forever.

Galatians 1:6-7 I marvel that you are <u>turning away so soon from Him who called you in the grace of Christ</u>, to a different gospel, which is not another; but there are some who trouble you and want to pervert the gospel of Christ.

Ephesians 5:16 Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

• It is good that the heart be established by grace

Hebrews 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

Hebrews 10:29 Of how much worse punishment, do you suppose, will he be thought worthy who has trampled the Son of God underfoot, counted the blood of the covenant by which he was sanctified a common thing, and insulted the Spirit of grace?

Hebrews 12:15 looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled

Hebrews 12:28 Therefore, since we are receiving a kingdom which cannot be shaken, let us have grace, by which we may serve God acceptably with reverence and godly fear.

Colossians 2:7 rooted and built up in Him and <u>established</u> in the faith, as you have been taught, abounding in it with thanksgiving.

• Let us go forth to Him

"Christians had none of the visible apparatus which in those days was habitually associated with religion and worship— no sacred buildings, no altars, no sacrificing priests. Their pagan neighbors thought they had no God, and called them atheists; their Jewish neighbors too might criticize them for having no visible means of spiritual support." F.F. Bruce

"Judaism was a religion that was full of observations of food and meats and drinks and washings and ceremonies and holy days, a religion given to God. And yet, at its heart, it had a ceremony that showed the emptiness of it all. The bodies of the offerings, the blood of which was brought into the Holy Place, were taken and burned outside the camp, so that the priests who ministered at the altar were given no part of those sacrifices to eat. They offered the offering, they brought the blood in, but instead of eating it as they did the other sacrifices, they had to take the body out and it was burned outside the camp. Look, says the writer, I will show you the fulfillment of that. In order to sanctify the people with His blood, Jesus suffered outside the gate and outside the camp. He did not offer His sacrifice as a ceremony within Judaism. He left the whole thing." David Gooding Commentary

Romans 14:17 for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.

1 Corinthians 8:8 But food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse.

Colossians 2:16 So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths

Colossians 2:20-23 Therefore, if you died with Christ from the basic principles of the world, why, as though living in the world, do you subject yourselves to regulations— "Do not touch, do not taste, do not handle," which all concern things which perish with the using—according to the commandments and doctrines of men? These things indeed have an appearance of wisdom in self-imposed religion, false humility, and neglect of the body, but are of no value against the indulgence of the flesh.