

Lifting Hands

**Exodus 14:16** But lift up your rod, and stretch out your hand over the sea and divide it. And the children of Israel shall go on dry ground through the midst of the sea.

**Leviticus 9:22** Then Aaron lifted his hand toward the people, blessed them, and came down from offering the sin offering, the burnt offering, and peace offerings.

**Nehemiah 8:6** And Ezra blessed the Lord, the great God. Then all the people answered, "Amen, Amen!" while lifting up their hands. And they bowed their heads and worshiped the Lord with their faces to the ground.

**Psalms 28:2** Hear the voice of my supplications When I cry to You, When I lift up my hands toward Your holy sanctuary.

**Psalms 63:4** Thus I will bless You while I live; I will lift up my hands in Your name.

**Psalms 134:2** Lift up your hands in the sanctuary, And bless the Lord.

**Psalms 141:2** Let my prayer be set before You as incense, The lifting up of my hands as the evening sacrifice.

**Lamentations 2:19** "Arise, cry out in the night, at the beginning of the watches; Pour out your heart like water before the face of the Lord. Lift your hands toward Him for the life of your young children, who faint from hunger at the head of every street."

**Lamentations 3:41** Let us lift our hearts and hands To God in heaven

**Luke 24:50** And He led them out as far as Bethany, and He lifted up His hands and blessed them

**1 Timothy 2:8** I desire therefore that the men pray everywhere, lifting up holy hands, without wrath and doubting

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**Isaiah 35:3-4a** Strengthen the weak (sinking) hands, and make firm the feeble (stumbling) knees. Say to those who are fearful-hearted, "Be strong, do not fear!"

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**Proverbs 4:26** Ponder the path of your feet, and let all your ways be established.

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Lame

**Matthew 11:5** The blind see and the lame walk; the lepers are cleansed and the deaf hear; the dead are raised up and the poor have the gospel preached to them.

**Matthew 15:30** Then great multitudes came to Him, having with them the lame, blind, mute, maimed, and many others; and they laid them down at Jesus' feet, and He healed them.

**Matthew 21:14** Then the blind and the lame came to Him in the temple, and He healed them.

**Acts 3:11** Now as the lame man who was healed held on to Peter and John, all the people ran together to them in the porch which is called Solomon's, greatly amazed.

**Acts 8:7** For unclean spirits, crying with a loud voice, came out of many who were possessed; and many who were paralyzed and lame were healed.

**2 Timothy 4:4** and they will turn their ears away from the truth, and be turned aside to fables.

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**Romans 12:18** If it is possible, as much as depends on you, live peaceably with all men.

**Romans 14:19** Therefore let us pursue the things which make for peace and the things by which one may edify another.

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**Psalms 34:14** Depart from evil and do good; Seek peace and pursue it.

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**Romans 3:23-24** for all have sinned and fall short of the glory of God, being justified freely by His grace through the redemption that is in Christ Jesus,

**Romans 5:1-2** Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

**Romans 5:20** Moreover the law entered that the offense might abound. But where sin abounded, grace abounded much more

**2 Corinthians 6:1** We then, as workers together with Him also **plead with you** not to receive the grace of God in vain.

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### **Root of Bitterness**

**Deuteronomy 29:18-19** so that there may not be among you man or woman or family or tribe, whose heart turns away today from the Lord our God, to go and serve the gods of these nations, and that there may not be among you a root bearing bitterness or wormwood; and so it may not happen, when he hears the words of this curse, that he blesses himself in his heart, saying, 'I shall have peace, even though I follow the dictates of my heart'—as though the drunkard could be included with the sober.

- *“The writer references Moses’ warning not so much for the sake of the person himself - he is an obvious unbeliever and will perish - but for the sake of the effect such a person can have on the genuine believers while he mixes among them under the pretense of being a believer himself. They can become defiled, and encouraged to lax living and compromise.”* David Gooding Commentary

**2 Peter 3:17** You therefore, beloved, since you know this beforehand, beware lest you also fall from your own steadfastness, being led away with the error of the wicked