<u>Let Us Lay Aside</u>

Romans 13:12 The night is far spent, the day is at hand. Therefore let us **cast off** the works of darkness, and let us put on the armor of light.

Ephesians 4:21-22 if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you **put off**, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,

Ephesians 4:25 Therefore, **putting away** lying, "Let each one of you speak truth with his neighbor," for we are members of one another.

Colossians 3:8 But now you yourselves are to **put off** all these: anger, wrath, malice, blasphemy, filthy language out of your mouth.

James 1:21 Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.

1 Peter 2:1 Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking

Let Us Run WIth Endurance the Race

Ecclesiates 9:11 I returned and saw under the sun that— <u>The race is not to the swift</u>, Nor the battle to the strong, Nor bread to the wise, Nor riches to men of understanding, Nor favor to men of skill; But time and chance happen to them all.

Isaiah 40:31 But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, <u>They shall run and not be weary</u>, They shall walk and not faint.

Acts 20:24 But none of these things move me; nor do I count my life dear to myself, so that I may <u>finish</u> <u>my race with joy</u>, and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God.

1 Corinthians 9:24 Do you not know <u>that those who run in a race all run, but one receives the prize</u>? Run in such a way that you may obtain it.

1 Timothy 6:12 Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

2 Timothy 4:7 I have fought the good fight, <u>I have finished the race</u>, I have kept the faith.

The 'How': Looking unto Jesus

"From apo, "away from" and horao, "to see". The word signifies undivided attention, looking away from all distractions in order to fix one's gaze upon one object...In Hebrews 12:2, this word means having eyes for no one but Jesus" New Spirit Filled Life Bible Commentary

Why the 'How' Works

Because He is the Author of Faith

Hebrews 2:10 For it was fitting for Him, for whom are all things and by whom are all things, in bringing many sons to glory, to make the captain of their salvation perfect through sufferings.

Because He is the Finisher of Faith

"One who has in His own person raised faith to its perfection and so set before us the highest example of faith" Vine's Dictionary

Because for the Joy that was Set Before Him He Endured the Cross, Despising Shame

Physical. Emotional. Spiritual.

Because He is Seated at the Right Hand of the Throne of God

Revelation 3:21 To him who overcomes I will grant to sit with Me on My throne, as I also overcame and sat down with My Father on His throne.

Sat Down

Hebrews 1:3 who being the brightness of *His* glory and the express image of His person, and upholding all things by the word of His power, when He had by Himself purged our sins, <u>sat down at the right hand</u> <u>of the Majesty on high</u>

Hebrews 8:1 Now *this is* the main point of the things we are saying: We have such a High Priest, <u>who is</u> <u>seated at the right hand of the throne of the Majesty in the heavens</u>

Hebrews 10:12 But this Man, after He had offered one sacrifice for sins forever, sat down at the right hand of God

Hebrews 12:2 looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and <u>has sat down at the right hand of the throne of God.</u>

Looking to Jesus (12:2)

Run with endurance (12:1c) Weight and sin ensnares us (12:1b)

Jesus endured (12:3a) Weary and discouraged (12:3b)

1 Peter 2:21-24 For to this you were called, because Christ also suffered for us, leaving us an **example**, that you should follow His steps: "Who committed no sin, nor was deceit found in His mouth" (from Isaiah 53:9); who, when He was reviled, did not revile in return; when He suffered, He did not threaten, but committed *Himself* to Him who judges righteously; who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.